

CAREER SUCCESS EQUITY PROGRAM

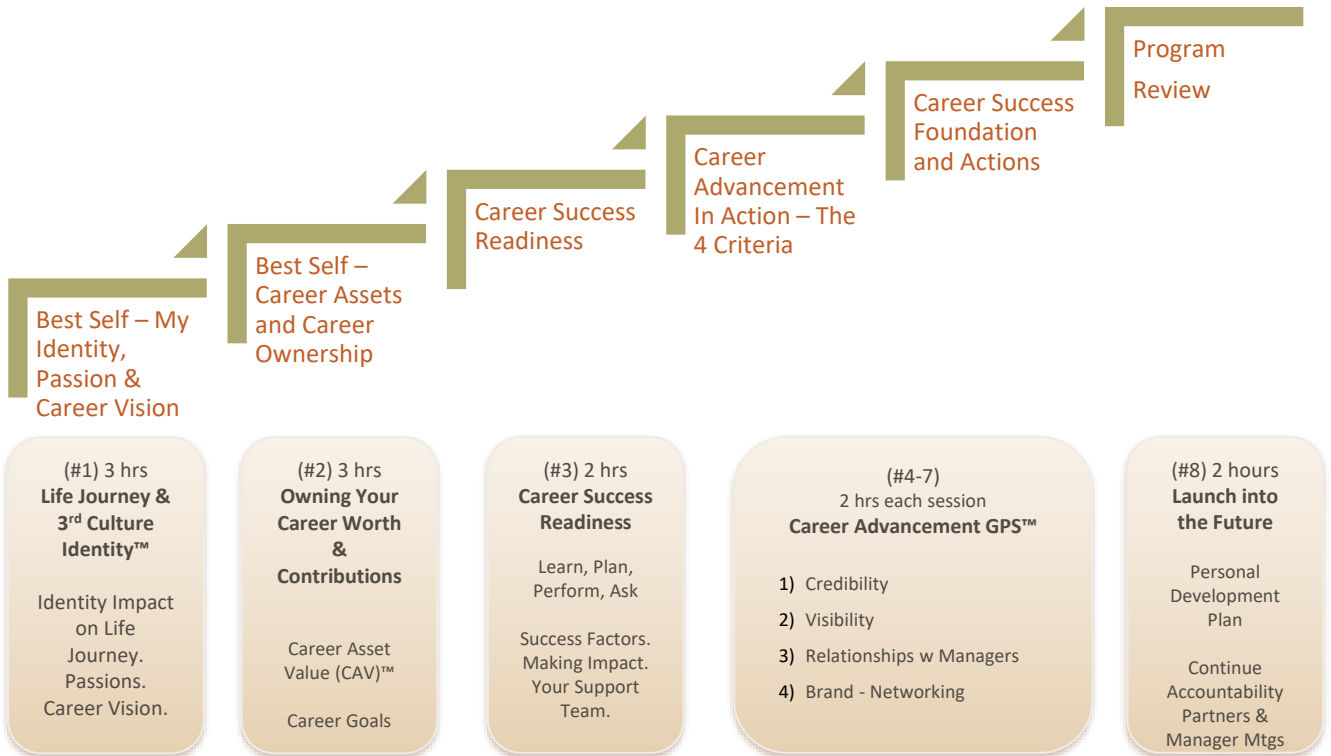


Participant Session #1 Workbook

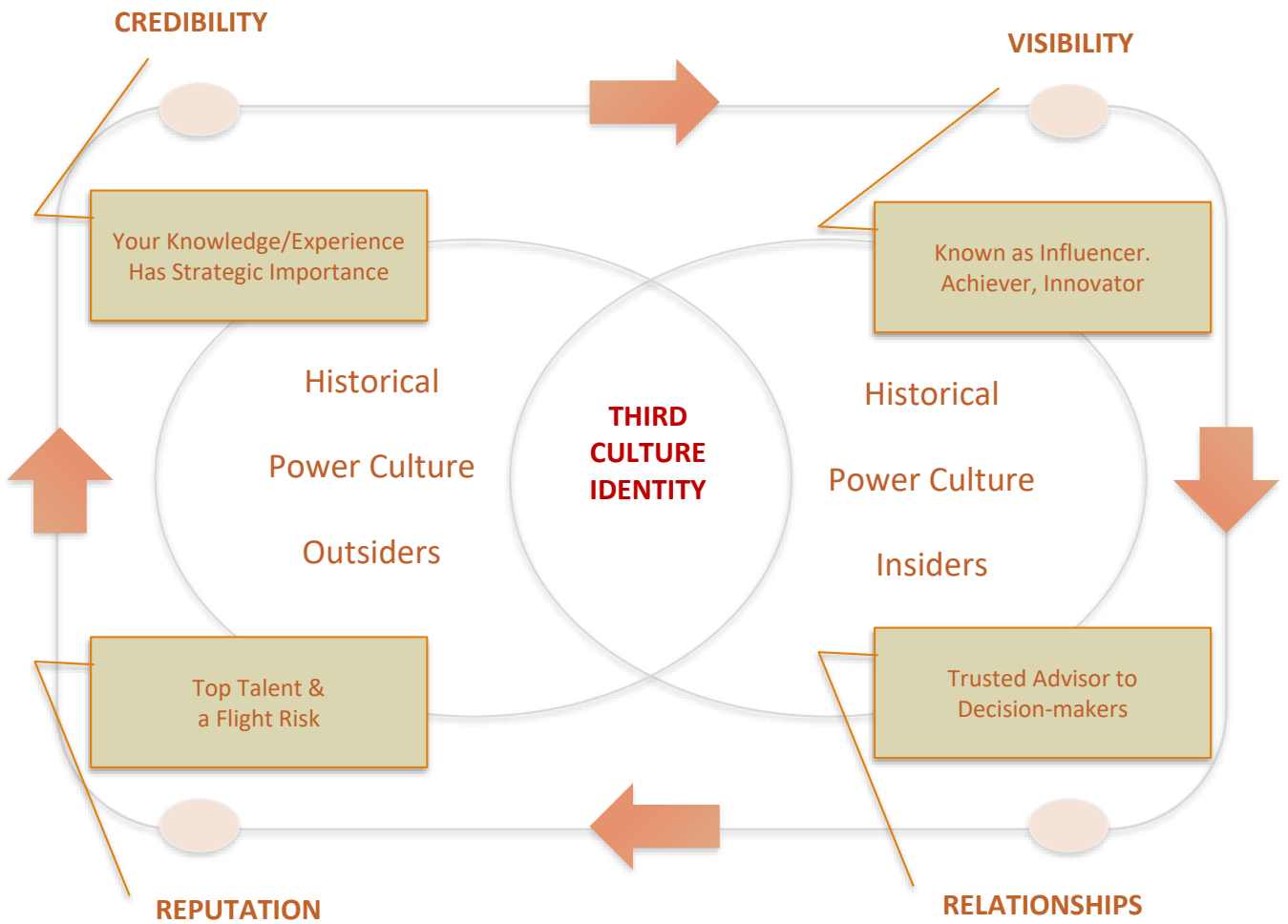
October 8, 2024

Career Success Equity Program

8 Learning Modules



The Guideposts for Career Advancement as Third Culture Leaders



My Long-Term Career Vision



As I review my career goals, I want to continue to:

- Grow my career so that I can do the following:

- Learn the following:

- Long term (**10+ years**), I will be truly satisfied with my career if...

Life Decades Reflections – Exercise

BREAKOUT ROOM INSTRUCTIONS

1. Go to your assigned breakout room with your partner, turn on your video
2. There are 2 roles: Storyteller and Listener. Each person will take turns in these roles
3. There are 2 Story Sharing Rounds – in each round, each person switches role
4. There is 1 Reflection Round

Each Storytelling Round

Storyteller- Discuss Your Life Decades Reflection from Pre-work (~5 min)

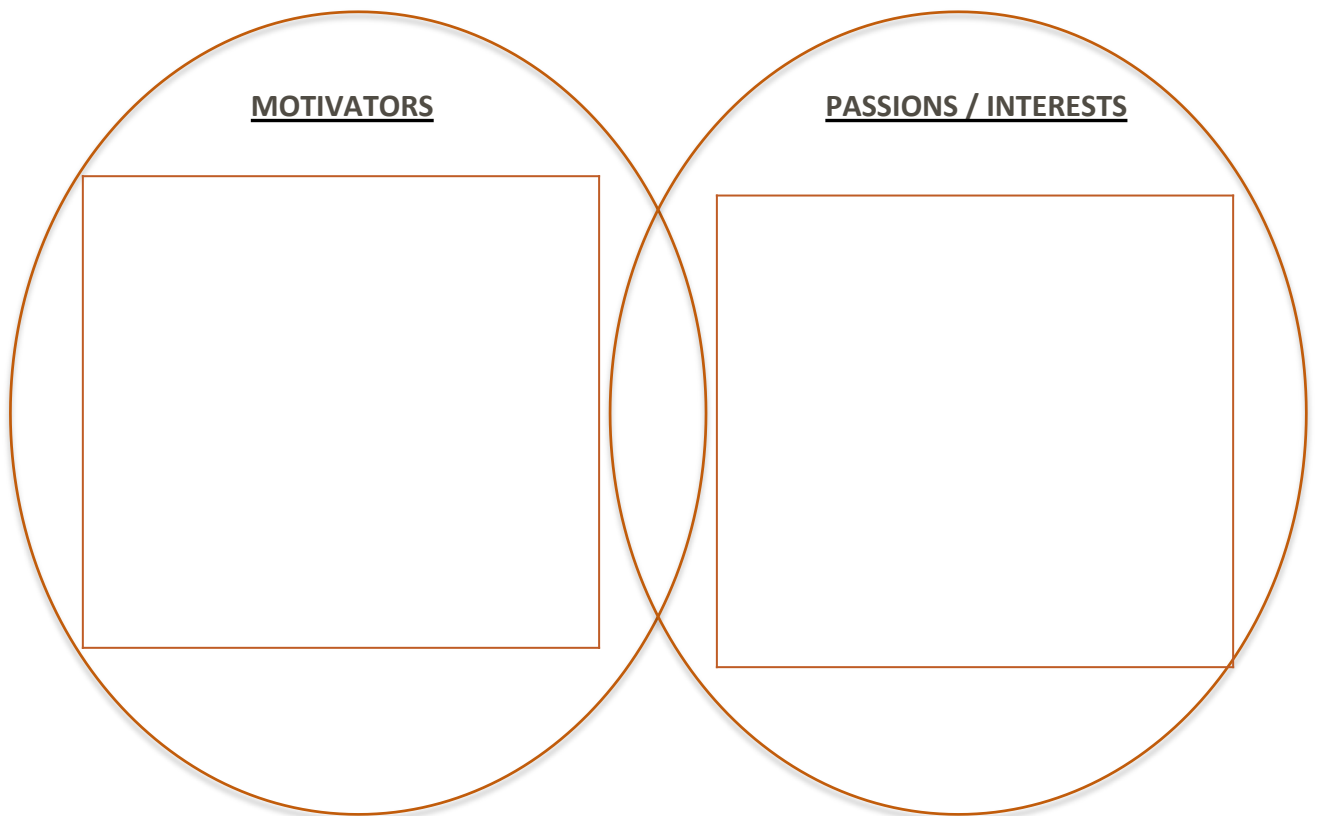
- Provide a brief history of your family & background
- Describe your Pivotal Moments from pre-work and why it contributed to your Best Self?
- Talk about your Passions (what you loved doing/good at) during your life

Listener (~2 min)

- Capture recurring themes /phrases/ situations / mindset. Notice their “energy” / “emotion” shift moments
- Summarize the key themes of motivation, unique abilities, passions you heard & give evidence

****Keep conversations going until you get prompt to switch roles****

Your Motivators and Passions



My Superpower

Reclaim Your Life Experience: Reframing Deficit as an Asset

Name a life situation / personal aspect that you've considered embarrassing or shameful, that with reframing is actually a personal strength and a core driver that has enabled you to achieve and succeed:

Life Journey Reflection Summary

As I reflect on my Life Journey, I recognize that I've always been motivated and driven by and truly enjoyed doing because I found satisfaction in:

Career and Leadership Growth

BUILDING YOUR BEST SELF CAREER

KEY BUILDING BLOCKS



My Short Term Career Vision



WHAT I WANT to do *(role, position, impact – in the next 1-3 year period)*

WHY I want to do this *(motivation, passion, interest)*

Considerations for my Long Term Career Aspirations

My Next Steps

WHAT I WANT TO WORK ON / CONSIDER

HOW CAN MY ACCOUNTABILITY PARTNER HELP ME? WHERE DO I NEED HELP?

HOW CAN MY MANAGER HELP & SUPPORT ME? WHAT IS MY ASK FROM THIS SESSION?

Notes